NEVE. 1656.

A New Almanack and Prognostication, serving for the yeare of our Lord God and Saviour Jesus Christ. 1656.

Being Bissextile or Leap-yeare.

Wherein is contained a double Kalender, viz. the *Julian* or English Accompt, and the *Gregorian* and Forraigne Computation, with the Change of the Moone, her Full and Quarters, and time of the Eclipses: and other necessary observations, convenient to be noted.

Calculated, and exactly rectified, for the Elevation of the Pole Articke, and Meridian of the ancient and famous City of *Norwich*, and may serve generally for the most part of great BRITAINE.

Practised, penned, and published, by JOHN NEVE, Gent.

Annually continued by the Author, and the fifty sixth time Imprinted.

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The Contents of this double Kalender for

this year of our Lord God 1656. being the Bissextile or Leap-yeare, according to the Accompt and Computation of the Church of *ENGLAND*.

The Prime or Golden Number ... 4
The Circle of the Sun. 13
The Epact. 14
The Roman Indiction. 9
The Dominicall Letters. C
The space between Christmas and Shrovesunday, is 7 weeks, and 4 dayes.
Shrovesunday. Febru. 17
Easter day. Aprill 6
Ascension day. May 15
Whitsunday. May 25
Advent sunday. November 30
Between Trinity and Advent, are Sundayes 25
Between Easter and Ascention, are 5 weeks & 3 days.
Between Whitsunday & Midsummer is 4 weeks & 1 day.
Between Midsum. & Barth. is 8 weeks and 4 dayes.
Between Barthol. & All-Saints, is 9 weeks & 5 days.

The Forraigne Computation.

The Golden Number. 4
The Circle of the Sun. 13
The Epact. 4
The Roman Indiction. 9
The Dominicall Letters. F
Shrovesunday. Febr. 27
Easter day. Aprill 16
Ascention day. May 25
Whitsunday. June 4
Advent Sunday. Decemb. 3
The space between Christmas and Shrovesunday, is 7 weeks and 4 dayes. 18
Between Trinity & Advent, are Sundayes 24

A briefe and necessary Computation of yeares.

From the Creation of the world to this present	5605
From the Creation vnto the Flood	1656
From the Flood to Christ	2336
From Moses to Christ	1514
Since the promised seed of Abraham	3583
Since the Israelites departed out of Ægypt	3153
Since the destruction of Troy	2856
Since Brute entred this Iland	2763
Since the building of the Temple of Solomon	2673
Since the building of the City of Rome	2408
Since Nebucadonozor the King	2404
Since Alexander the great dyed	1580
Since Julius Cæsar was slaine with bodkins	1705
Since the happy birth of our Sauiour Christ	1656
Since Jerusalem was destroyed by Titus Vespatian	1573
Since England first receiued the Christian faith	1475
Since the Danes entred England	636
Since the Conquest of England	590
Since the inuention of Printing	196
Since King Henry 8 wonne Bulloyne	111
Since Ketts Rebellion at Norwich	108
Since the infectious sweating sickenesse	99
Since St. Pauls Steeple fired	95
Since the great Plague at Newhaven	93
Since the blazing Starre, and frosty winter	84
Since the fiery Apparition in the Heauens	82
Since the deep Snow	76
Since the generall Earthquake in England	75
Since the Campe at Tilbury in Essex	68
Since the Powder Treason	51
Since Suttons Hospitall founded	42
Since the last blazing Starre	38
Since the downfall in Black Fryer	34
Since the last great Plague	31
Since the fire on London Bridge	24
Since the fight at Edge-hill, Octob. 23.	14
Since the fight at Naseby, June 14.	11

The Anatomy of Mans Body, as the parts

thereof are governed by the twelve Cœlestiall Signes of the Zodiacke.

♈ Aries, Head and face.

♉ Taurus, Neck and throat.

♋ Cancer, Breast stomack, and ribs.

♍ Virgo, Bowels and Belly.

♏ Scorpio, Secret members

♑ Capricorn, The knees.

♊ Gemini, Armes and shoulders.

♌ Leo, Heart and back.

♎ Libra, Reines and Loynes.

♐ Sagittarius, The Thighes

♒ Aquarius, The Leggs.

♓ Pisces, The feet.

The Characters of the Signes, Planets and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Capricornus, ♒ Aquarius, ♓ Pisces, ♄ Saturne, ♃ Jupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☾ Luna. ☌ Conjunction, ⚹ Sextile, □ Quartile, △ Trine, ☍ Opposition, ☊ Caput Draconis, ☋ Cauda Draconis.

If thou be sick and help wouldst have,
The counsell of the Learned crave:
If thou have health, to keepe thee so,
Flie idleneſſe as deadly foe.

1	a	New yeas day.	Cans.	16	11	d	Full Moone the
2	b	Octa. of Sts.	Leo	1	12	e	1 day, 46 min.
3	c	Octa. of Joh.	Leo	16	13	f	aft. 8 of the clock
4	d	Octa. of Inn.	Virgo	1	14	g	at night.
5	e	Simeon.	Virgo	15	15	a	
6	f	Twelfth day.	Libra	e	16	b	Laſt quarter the
7	g	Felix.	Libra	14	17	c	8 day, 22 min. of
8	a	Lucian.	Libra	27	18	d	2 of the clocke
9	b	Agapite.	Scorp.	10	19	e	in the afternoon.
10	c	Sol in Aqua.	Scor.	23	20	f	
11	d	Ainus.	Sag.	6	21	g	New moone the
12	e	Arched Wa.	Sagit.	18	22	a	16 day, near a
13	f	Hillary Bi.	Capric.	0	23	b	1 of the clock in
14	g	Felicis.	Capr.	12	24	c	the afternoon.
15	a	Maurice.	Capric.	23	25	d	
16	b	Marcellus.	Aquar.	6	26	e	Firſt quarter the
17	c	Anthony.	Aquar.	17	27	f	24 day, 39 min.
18	d	Peters chr.	Aqua.	29	28	g	after 1 of the
19	e	Moliton.	Pisces	11	29	a	clocke in the af
20	f	2 Sun. aft. Ep.	Pisces	23	30	b	ternoon.
21	g	Agnes.	Aries	5	31	c	
22	a	Vincent.	Aries	18	1	d	February 1656
23	b	Tepue beg	Taur.	0	2	e	Pur. of Mar
24	c	Timothy.	Taur.	13	3	f	
25	d	Con. of Pa.	Taur.	20	4	g	
26	e	Polycar. B.	Gem.	10	5	a	
27	f	3. Sun. aft. Ep.	Gem.	24	6	b	Full Moone the
28	g	Prund hil.	Can.	9	7	c	31 day, 9 min.
29	a	Theodore.	Cancer	24	8	d	after 7 of the
30	b	Batild Q.	Leo	9	9	e	clock in the mor-
31	c	Victor.	Leo	24	10	f	ning.

Be choice of food in any wise,
To keepe thee warm also precise:
Beware no Surgeon let thee blood,
Except the learned thinke it good.

1	d	Brydget Vir.	Virgo	9	11	g	
2	e	Purif. of Ma.	Virgo	24	12	a	
3	f	Blase bish.	Libra	9	13	b	
4	g	Gilbert.	Libra	23	14	c	Last quarter the
5	a	Agatha virg.	Scorpio	6	15	d	7 day, 46 min.
6	b	Amandus.	Scorp.	20	16	e	aft. 3 of the clock
7	c	Angule Vi.	Sagit.	2	17	f	in the morning.
8	d	Paul.	Sagit.	15	18	g	
9	e	Sol in Pisces.	Sagit.	27	19	a	
10	f	Scholast.	Capric.	9	20	b	New moone the
11	g	Euphrasius.	Capric.	21	21	c	5 day, 9 minut.
12	a	Termends.	Aquar.	2	22	d	8 of the clocke in
13	b	Wolston.	Aquar.	14	23	e	the morning.
14	c	Valentine.	Aquar.	26	24	f	Matthias Apost.
15	d	Faustine.	Pisces	8	25	g	First quarter the
16	e	Julian vir.	Pisces	20	26	a	13 day, 17 min.
17	f	Shrovesun.	Aries	2	27	b	aft. 1 of the clock
18	g	Simeon.	Aries	15	28	c	in the morning.
19	a	Sabine.	Aries	27	29	d	March. 1556.
20	b	Wilfred.	Taurus	10	1	e	
21	c	69 Martyrs	Taurus	23	2	f	
22	d	Cath. Peter.	Gem.	6	3	g	
23	e	Policarpe.	Gemin.	20	4	g	
24	f	1 sun. in Lent.	Cancer	4	5		Full moon the
25	g	Math. Ap.	Canc.	18	6	b	29 day, 6 min. a
26	a	Nestor.	Leo	3	7	c	5 of the clock at
27	b	Emb. week.	Leo	17	8	d	night.
28	c	Augustine.	Virgo	29	9	e	
29	d	Oswalde.	Vir.	12	10	f	

Now Bleed and Bathe if thou desire,
And Purge also, if need require:
Ill humours doe in many breed,
Provide in time before thou need.

1	d	David Bish.	Libra	2	11	g	
2	e	2 sun. in Lent.	Libra	17	12	a	
3	f	Maurice.	Scorp.	1	13	b	
4	g	Adrian.	Scorpio	15	14	c	
5	a	Eusebius.	Scor.	28	15	d	Last quarter the 7 day, about 7 of the clock at night
6	b	Victor.	Sagit.	12	16	e	
7	c	Perpetuus.	Sagit.	23	17	f	
8	d	Felix mar.	Capr.	6	18	g	
9	e	☉ in Aries	Capr.	17	19	a	New Moone the 16 day, 6 min. before 1 of the clock in the morning.
10	f	Agapite.	Capr.	28	20	b	
11	g	Quirion.	Aquar.	10	21	c	
12	a	Gregory Bi.	Aquar.	23	22	d	
13	b	Theodote.	Pisces	5	23	e	
14	c	Candide.	Pisces	16	24	f	
15	d	Longine Ma.	Pisces	29	25	g	Annus. of Mar.
16	e	3 sun. in Lent.	Aries	11	26	a	First quarter the 23 day, near about 10 of the clock in the fore-noon.
17	f	S. Patrick.	Ari.	24	27	b	
18	g	Edward.	Taurus	7	28	c	
19	a	Joseph.	Taur.	20	29	d	
20	b	Cuthberd.	Gem.	4	30	e	
21	c	Benedict.	Gemin.	17	31	f	
22	d	Aphrodosius	Cancer	0	1	g	April. 1656.
23	e	5 sun. in Lent.	Cancer	14	2	a	
24	f	Agapite vir.	Cancer	28	3	b	
25	g	Annun. of Ma.	Leo	12	4	c	
26	a	Cabor Ma.	Leo	27	5	d	Full moone the 30 day, 52 min. aft. 2 of the clock in the morning.
27	b	Resurrect.	Virgo	11	6	e	
28	c	Dorothy vir.	Virgo	26	7	f	
29	d	Quintins.	Libra	11	8	g	
30	e	Palme sunday.	Libra	25	9	a	
31	f	Ade'me bish.	Scorpio	9	10	b	

Now wholesome Bathes thou mayest frequent,
Let blood also, and not repent:
These be good meanes, thee to defend
From griefes, the which on thee attend.

1	g	Theodore.	Scor.	23	11	c	
2	a	Mary Egip	Sagit.	6	12	d	
3	b	Richard Bi.	Sagit.	19	13	e	
4	c	Ambrose.	Capr.	1	14	f	Last quarter the
5	d	Martinton.	Capric.	14	15	g	6 day, 21 min.
6	e	[illegible]	Capr.	26	16	a	after 2 of the
7	f	Egesippus.	Aquar.	7	17	b	clocke in the af
8	g	Perpetuus.	Aquar.	19	18	c	ternoone.
9	a	[illegible]	Pisc.	1	19	d	
10	b	Ezech. Vat.	Pisces	13	20	e	New Moone the
11	c	Julius.	Pisces	25	21	f	14 day, 42 min
12	d	Oswal	Aries	9	22	g	after 1 of the clock
13	e	[illegible]	Aries	20	23	a	in the afternoon.
14	f	Ollife.	Taur.	3	24	b	
15	g	Leonard.	Taur.	16	25	c	Mark Evang.
16	a	Isidore.	Gem.	0	26	d	First quarter the
17	b	Osmite.	Gemin.	13	27	e	21 day, 18 min.
18	c	Quintine.	Gem.	27	28	f	after 4 of the
19	d	Viphage.	Cancer	11	29	g	clocke in the af
20	e	2 sun. aft. East.	Cancer	25	30	a	ternoon.
21	f	Quind Pasch.	Leo	9	1	b	May 1656.
22	g	Sother.	Leo	23	2	c	
23	a		Virgo	7	3	d	
24	b	Wilfride.	Virgo	21	4	e	
25	c	[illegible]	Libra	5	5	f	
26	d	Wertelline.	Lib.	20	6	g	Full moon the
27	e	3 sun. aft. East.	Scor.	4	7	a	28 day, 7 min
28	f	Vitalis.	Scorp.	17	8	b	after 1 of the
29	g	Peter Mer	Sagit.	1	9	c	clocke in the af
30	a	Irkenwold.	Sagit.	14	10	d	ternoone.

May hath xxxi dayes.

Rise early now this moneth of May,
And walke the fields that be so gay:
From surfetting see thou restraine,
For soone it will procure thy paine.

1	b	Phil. & Jac.	Sagit.	27	11	e	
2	c	Athanasius.	Capr.	9	12	f	
3	d	Inven. Croſſ.	Capric.	21	13	g	
4	e	Mente Paſ.	Aqua.	3	14	a	
5	f	Goddard.	Aquar.	15	15	b	Laſt quarter the
6	g	John Poſt.	Aqua.	27	16	c	5 day, 15 minut
7	a	John at Wen.	Piſc.	9	7	d	aſt 9 of the clock
8	b	Appa Mirch.	Piſc.	21	18	e	in the forenoon.
9	c	Nicholas.	Aries	3	19	f	
10	d	Sol in Gem.	Aries	15	20	g	
11	e	Rogation ſu	Aries	28	21	a	Rogat. Sunday.
12	f	Achsley.	Taur.	11	22	b	New Moone the
13	g	Boniface.	Taur.	25	23	c	14 day, 49 min.
14	a	Ydoze.	Gem.	9	24	d	after of the clock
15	b	Aſcen. day.	Gem.	23	25	e	in the morning.
16	c	Craſt. Aſc.	Cancr.	7	26	f	
17	d	Dialcoze.	Cancer	21	27	g	Firſt quarter the
18	e	Bernard.	Leo	6	28	a	20 day, 35 min.
19	f	Terme ends.	Leo	20	29	b	after 9 of the
20	g	Elen. M.	Virg.	4	30	c	clock at night.
21	a	Julian vir.	Virg.	18	31	d	
22	b	Deſiderii.	Lib.	2	1	e	June. 1656.
23	c	Fzancis.	Libra	16	2	f	
24	d	Adelme.	Libra	29	3	g	
25	e	Whitſunday.	Scorp.	13	4	a	
26	f	Fermens.	Scorp.	26	5	b	Full Moone the
27	g	Bede pz.	Sagitar.	9	6	c	28 day, 17 min.
28	a	Ember week.	Sagit.	21	7	d	before 1 of the
29	b	Felix.	Capr.	5	8	e	clock in the mor-
30	c	Petronill.	Cap.	17	9	f	ning.
31	d	Merins.	Cap.	29	10	g	

Drinke new or sweet, taste not at all,
For thereby growes no danger small:
And to thy selfe such pastime take,
As may in God thee merry make.

1	☉	Trinity Sund	Aquar.	11	11	♄	Trin. Sunday.
2	f	Marcellus.	Aquar.	23	12	b	
3	g	Erasmus.	Pisces	5	13	c	
4	a	Petrocht.	Pisc.	17	14	d	
5	b	Boniface.	Pisc.	29	15	e	Last quarter the
6	c	Verne begins	Aries	11	16	f	5 day, 29 min.
7	d	Medard.	Aries	23	17	g	aft. 2 of the clock
8	e	1 sun. aft. Tri.	Taur.	6	18	a	in the morning.
9	f	Innocent.	Taur.	19	19	b	New moone the
10	g	Edmund.	Gem.	3	20	c	12 day about 11
11	a	Sol in Canc	Gem.	17	21	d	of the clocke in
12	b	Basill.	Cancer	2	22	e	the forenoon.
13	c	Anthony.	Cancer	16	23	f	
14	d	Basill bish.	Leo	1	24	g	John Baptist.
15	e	2 sun. aft. Tri.	Leo	15	25	a	
16	f	Quind. Tri.	Virgo	0	26	b	First quarter the
17	g	Botolphe.	Virgo	14	27	c	19 day, about 3 of
18	a	Marcelline.	Vir.	29	28	d	the clocke in the
19	b	Gervase.	Libra	13	29	e	morning.
20	c	Edward.	Libra	26	30	f	
21	d	Walburg.	Scorpio	10	1	g	July. 1656.
22	e	Tres Trin.	Scor.	23	2	a	
23	f	Audoc.	Sagit.	6	3	b	
24	g	Verne ends.	Sagit.	19	4	c	
25	a	John bapt.	Capr.	1	5	d	
26	b	John & Paul.	Capr.	13	6	e	Full moone the
27	c	Crescen m.	Capri.	26	7	f	26 day, 3 min.
28	d	Leo Bi.	Aquar.	8	8	g	aft. 2 of the clock
29			Aquar.	17	9		in the afternoon.
30	f	Con. of Pa.	Pisces	1	10	b	

Perfume thy house with savours sweet,
But such as are for purpose meet:
Abroad as thou in streets dost goe,
Defend thy selfe from stinkes also.

1	g	Oct. of John.	Pisces	13	11	c	
2	a	Vis. of Mar.	Pisces	23	12	d	
3	b	Cran of Tho	Aries	7	13	e	
4	c	Mar. Tra.	Aries	19	14	f	
5	d	Joe virg.	Taur.	2	15	g	Last quarter the
6	e	5 sun. aft. Tri.	Taurus	14	16	a	4 day, 48 min.
7	f	Tho. Mart.	Taur.	28	17	b	after 5 of the
8	g	Gumbald.	Gem.	11	18	c	clocke in the
9	a	Cyrill bish.	Gem.	25	19	d	afternoon.
10	b	7 Brethren.	Cancer	10	20	e	
11	c	Benet tran.	Canc.	24	21	f	New moone the
12	d	Sol in Leo	Leo	9	22	g	11 day, at 7 of
13	e	6 sun. aft. Tri.	Leo	20	23	a	the clock at night
14	f	Revell.	Virgo	10	24	b	
15	g	Swithen.	Virgo	24	25	c	James Apostle.
16	a	Osmond.	Libr.	9	26	d	
17	b	Kenelme.	Lib.	23	27	e	First quarter the
18	c	Arnolph Bi	Scorp.	6	28	f	18 day, 53 min.
19	d	Dog da beg.	Scorp.	20	29	g	aft. 9 of the clock
20	e	7 sun. aft. Tri.	Sagit.	3	30	a	in the forenoon.
21	f	Praxt. vir	Sag.	15	31	b	
22	g	Mary Mag.	Sagit.	28	1	c	August. 1656.
23	a	Apoline.	Capric.	10	2	d	
24	b	Thristian v.	Capric.	22	3	e	
25	c	James Apost.	Aquar.	4	4	f	
26	d	An. Mo. M.	Aquar.	16	5	g	Full moone the
27	e	8 sun. aft. Tri.	Aqua.	28	6	a	26 day, 54 min.
28	f	Hampson.	Pisc.	10	7	b	after 4 of the
29	g	Felix.	Pisc.	22	8	c	clock in the mor-
30	a	Abdon & Sn.	Aries	4	9	d	ning.
31	b	Germane.	Aries	16	10	e	

As burning heat will thee deſtroy,
So ſhivering cold will thee annoy:
Let little ſleepe thee now content,
Purge not, nor bleed, leſt thou repent.

1	f	Lammas day.	Aries	28	11	f	
2	g	Stephen Pa.	Taur.	10	12	g	
3	a	9 ſun. aft. Tri.	Taur.	23	13		Laſt quarter the
4	b	Iuſtine pri.	Gem.	6	14	b	3 day, 41 min.
5	c	Oſwald	Gem.	20	15	c	after 6 of the
6	d	Chriſt tran.	Can.	4	16	d	clocke in the
7	e	Felt. Jeſu.	Canter	18	17	e	morning.
8	f	Cyriacke.	Leo	2	18	f	New Moone the
9	g	Roman mart.	Leo	18	19	g	10 day, halfe an
10	a	10 ſun. aft. Tr.	Virgo	3	20	b	houre after 2 of
11	b	Tiburt.	Virg.	18	21	c	the clocke in the
12	c	Clare vir.	Libra	3	22	d	morning.
13	d		Libra	18	23	e	
14	e	Euſebius.	Scorpio	2	24	f	
15	f	Aſſump. ma.	Scor.	16	25	g	
16	g	Roch Conf.	Scorp.	29	26	b	
17	a	11 ſun. aft. Tr.	Sagit.	12	27	c	Firſt quarter the
18	b	Agapete.	Sagit.	25	28	d	16 day, 28 min.
19	c	Magnus:	Capr.	7	29	e	aft. 7 of the clock
20	d	Lewes Biſh.	Capr.	19	30	f	at night.
21	e	Barnard Ca.	Aqua.	1	31	g	
22	f	Octa. Aſſum.	Aqua.	13	1	a	
23	g	Timoth.	Aquar.	25	2	b	
24	a		Piſces	7	3	c	Full Moone the
25	b	Lewes King	Piſc.	19	4	d	24 day, near 2
26	c	Sebrine.	Aries	1	5	e	houre 9 of the
27	d		Aries	13	6	f	clock at night.
28	e	Auguſtine.	Aries	25	7	g	
29	f	Decol. of Joh.	Taurus	7	8	a	
30	g	Felix & Au.	Taurus	20	9	b	
31	a	13 ſun. aft. Tr.	Gem.	3	10	c	

Raw fruit though ripe, may ſickneſſe bring,
Unripe much eaten, a dangerous thing:
If now a Surfet thou doſt take,
When others ſleep, then thou muſt wake.

f	Giles Abbot.	Gem.	16	11	b	Laſt quarter the
g	Anth. mar.	Gem.	29	12	c	1 day, 21 min.
a	Gregorie.	Cancer	13	13	d	after 6 of the
b	Cuthbert.	Canc.	27	14	e	clock at night.
c	Bertine.	Leo	11	15	f	
d	Eugenius.	Leo	26	16	g	New moone the
e	Nat. O. Eli.	Virgo	11	17		8 day, 17 min.
f	Nat. of Ma.	Virgo	27	18	b	aft. 10 of the clock
g	Sylvius.	Libra	12	19	c	in the forenoon.
a	Prothius.	Libra	27	20	d	
b	Martian.	Scorpio	11	21	e	
c	Maurity.	Scorp.	25	22	f	
d	Sol in Libra.	Sagit.	8	23	g	
e	15 ſund. af. Tr.	Sagit.	21	24		
f	Oct. of Ma.	Capric.	4	25	b	Firſt quarter the
g	Edith.	Capr.	16	26	c	15 day, about 9
a		Capric.	28	27	d	of the clocke in
b	Victor.	Aqua.	10	28	e	the forenoone.
c	Januar.	Aquar.	22	29	f	
d	Euſtace.	Pisces	4	30	g	
e		Piſc.	16	1		1656.
f	Maurice m.	Piſc.	28	2	b	
g	Teela.	Aries	10	3	c	
a	Andoche.	Aries	22	4	d	Full moone the
b	Firmin.	Taur.	4	5	e	23 day, 23 min.
c	Cypr. & Ju.	Taur.	17	6	f	aft. 1 of the clock
d	Coſ. & Dam.	Gem.	0	7	g	in the afternoon.
e	17 ſund. af. Tr.	Gem.	12	8		
f		Gem.	26	9	b	
g	Hierome.	Cancer	9	10	c	

October hath xxxi dayes.

Warme clothes must now providrd bee,
Also warme meates be good for thee;
Have good regard thy feet be dry,
Thou shalt avoid much harme thereby.

1	a	Remigius.	Canc.	21	11	d	Last quarter the
2	b	Leodegarius.	Leo	6	12	e	1 day, at 4 of the
3	c	Candide.	Leo	21	13	f	clock in the mor-
4	d	Francis con.	Virgo	5	14	g	ning.
5	☾	18 sun. af. Tri.	Virgo	20	15	a	New Moon the
6	f	Fayth vir.	Libra	5	16	b	7 day, 25 minut.
7	g	Mark Ma.	Libra	20	17	c	aft. 7 of the clock
8	a	Pelagius.	Scor.	5	18	d	at night.
9	b	Dionice.	Scor.	15	19	e	First quarter the
10	c	Gedeon.	Sag.	3	20	f	15 day, 31 min.
11	d	Nicasius.	Sagit.	11	21	g	after 2 of the
12	☾	19 sun. aft. Tr.	Capric.	0	22	a	clock in the mor-
13	f	Sol in Scor.	Capr.	12	23	b	ning.
14	g	Calix.	Capr.	25	24	c	
15	a	Wolfron.	Aquar.	7	25	d	
16	b	Michaell.	Aquar.	18	26	e	
17	c	Etheldred.	Pisces	0	27	f	Simon & Jude.
18	d	Luke Evan	Pisces	1[illegible]	2[illegible]	g	Full Moone the
19	☾	20 sun. aft. Tri.	Pisc.	24	29	a	23 day, 33 min.
20	f	Tres Micha.	Aries	6	30	b	aft. 5 of the clock
21	g	Ursula.	Ari.	18	31	c	in the morning.
22	a	Mary Salo	Taur.	1	1	d	Novemb. 1656
23	b	Terme begin.	Taurus	13	2	e	
24	c	Salome.	Taur.	26	3	f	
25	d	Cris. & Crisp	Gem.	9	4	g	
26	☾	21 sun. aft. Tri	Gem.	2[illegible]	5	a	
27	f	Mense Mic	Cancer	[illegible]	6	b	Last quarter the
28	g	[illegible]	Canc.	19	7	c	30 day, 34 min.
29	a	Narcissus.	Leo	3	8	d	aft. high noon.
30	b	Germane.	Leo	1[illegible]	9	e	
31	c	Quintin.	Virgo	1	10	f	

If Rheumes doe now molest thy head,
It is not ill to swear in bed:
Feed on good meates, if stomacke serve,
Else seeke for that which doth preserve.

1	d	All Saints.	Virgo	15	8	g		
2	e	All Soules	Libr.	0	12	a		
3	f	Cruck. Anim.	Libra	14	13	b		
4	g	Amantius.	Libra	29	14	c		
5	a	Powd. Treas.	Scor.	13	15	d	New moone the	
6	b	Leonard.	Scor.	27	16	e	6 day, 40 min.	
7	c	Whitside.	Sagit.	11	17	f	aft. 6 of the clock	
8	d	4. crowned.	Sagita.	24	18	g	in the morning.	
9	e	23 sun. aft. Tri.	Capr.	7	19	a		
10	f	Trephon.	Capric.	20	20	b	First quarter the	
11	g	Martin bish.	Aquar.	2	21	c	13 day, 5 min.	
12	a	Sol in Sag.	Aquar.	15	22	d	after 11 of the	
13	b	Vzice.	Aqua.	27	23	e	clock at night.	
14	c	Erken Tra.	Pisces	8	24	f		
15	d	Machute.	Pisces	20	25	g	Full Moone th.	
16	e	24 sun. aft. Tri	Aries	2	26	a	21 day, about 9	
17	f	Arian Bish.	Aries	14	27	b	of the clocke at	
18	g	Oct. Mar.	Aries	26	28	c	night.	
19	a	Elizabeth.	Taurus	9	29	d		
20	b	Edmund Ki.	Taur.	22	30	e	Andrew Apostle.	
21	c	Pref. of Ma.	Gem.	5	1	f	December 1656.	
22	d	Cecily virg.	Gem.	18	-	g		
23	e	Clement Bi	Cant.	2	3	a		
24	f	Chrysogon.	Can.	16	4	b		
25	g	Katherine.	Leo	0	5	c		
26	a	Mynd Ma	Leo	14	6	d	Last quarter the	
27	b	Agricola.	Leo	28	7	e	28 day, 34 min.	
28	c	Feria quarta	Virgo	12	8	f	after 8 of the	
29	d	Saturnius.	Virgo	26	9	g	clock at night.	
30	e	Andrew Apo.	Libra	10	10	a		

Now cold December is come in,
And poore Mans backe is clothed thin:
Feed and clothe them as ye may,
The Lord will it threefold repay.

1	f	Loy. Bi.	Lib.	24	11	b	
2	g	Lbane.	Scorpio	8	12	c	
3	a	Dionisius.	Scor.	21		d	New Moon the
4	b	Barbara.	Sag.	6	13	e	5 day, at 9 of the
5	c	Nichol. con.	Sag.	19	14	f	clock at night.
6	d	Sabba Abb.	Capr.	3	15	g	First quarter the
7	e	2 Sun. in Adv.	Capr.	15	16	a	13 day, neare
8	f	Conc of Ma.	Capr.	28	17	b	bout 9 of the
9	g	Cipzian	Aquar.	10	18	c	clock at night.
10	a	Eulalie.	Aquar.	22	19	d	Full moone the
11	b	Vul in Capr.	Pisces	4	20	e	21 day, at 11 of
12	c	Paul Bi	Pisces	16	21	f	the clocke in the
13	d	Lucian Mar.	Pisc.	28	22	g	forenoon.
14	e	3 Sun. in Adv.	Aries	10	23	a	
15	f	Valerian.	Aries	22	24	b	Christmas day.
16	g	Lazarus.	Taur.	4	25	c	Stephen Mar.
17	a	Ember week.	Taur.	17	26	d	John Evang.
18	b	Gratian.	Gem.	0	27	e	Innocents day.
19	c	Venerius.	Gem.	13	28	f	
20	d	Julian.	Gem.	27	29	g	
21	e	Thomas Ap.	Canc.	11	30	a	
22	f	30 Martyrs.	Can.	25	31	b	January. 1617.
23	g	Victoria.	Leo	9	1	b	
24	a	Clandy.	Leo	24	2	c	
25	b	Chr. day.	Virgo	9	3	d	
26	c	Steven.	Virgo	23	4	e	
27	d	John.	Libra	7	5	f	Last quarter the
28	e	Innocents.	Scor.	21	6	g	28 day, 50 min
29	f	Tho. Becket.	Scorpio	5	7	a	after 4 of the
30	g	James Tra.	Scorp.	19	8	b	clock in the mor
31	a	Silvester.	Sagit.	2	9	c	ning.
					10		

NEVE. 1656.

A PROGNOSTICATION,

Serving for the yeare of our Lord God and Saviour JESVS CHRIST 1656.

Wherein you may obſerve the grounds of the alteration and condition of the Foure Quarters of this yeare: As alſo the diſpoſition of the Aire, for each ſeverall Moneth, according to the inclination of the Coeleſtiall bodies, with the change of the Moone, her full, and Quarters, and the time of the Eclipſes, with other things fit to be known and obſerved.

Calculated, and eſpecially referred to the Longitude and Elevation of the Pole Artick, of the ancient and famous City of *Norwich*, and may ſerve generally for all ENGLAND.

Collected, compoſed and publiſhed by *John Neve* Gent.

The 56. Edition by the Author.

Printed at *London* by *W. Wilſon* for the Company of *Stationers*. 1656.

A Briefe and neceſſary Rule, for the beginning and ending of the foure Termes, with their Returnes.

Hilary Terme begins Ianuary 23 and endeth Febr 12 and hath foure Returnes.

Octab. Hilar. Ianu. 20	Craſt. Purif. Febr. 3.
Quind. Hilar. Ianu. 27	Octab. Purif. Feb. 10.

Eaſter Terme begins 17 dayes after Eaſter, and ends the munday after Aſcenſion day, and hath five Returnes.

Quind Pa.ch. Aprill 21.	Quinq; Paſch. May 12.
Tres Paſch. Aprill 28.	Craſt. Aſcen. May 16.
Menſe. Paſch. May 5.	

Trinity Terme begins the Friday after Trinity Sunday, and ends the wedneſday fortnight after, and hath foure Returnes.

Craſt. Trin. Iune 2.	Quind. Trin. Iune 16.
Octab. Trin. Iune 9.	Tres Trin. Iune 23.

Michaelmas Terme begins October 23 and endeth the 28 of November, and hath ſixe Returnes.

Tres Mich. Octob. 20.	Craſt. Mart. Novem. 12
Menſe. Mich. Octob. 27.	Octab. Mart. Nove. 18
Craſt. Anim. Novem. 3.	Quind. Mart. Nove. 25

Note that the Exchequer openeth 8. dayes before any Terme begins, except Trinity Terme, in which it openeth only foure dayes before.

On theſe dayes following, the Judges ſit not at Weſtminſter.

In { Hillary / Eaſter / Trinity / Michael. } Tearme, on { Candlemas / Aſcenſion / Midſumer / Alholland } Day.

A moſt plaine and eaſie table, ſhewing the true time of the beginning, continuance, and yeares ſince, the Reign of each King and Queen, in *England* from the Conqueſt, untill this year 1656. collected forth of Chronicles, and ſet forth for the profitable uſe of Lawyers, Scriveners, &c.

The Kings Names.	Began their Reign.	Reigned yeares. mo. da.	Since their Reign.
W. Conqu.	1066. Oct. 15	20.y.11.m.22.d	590.Sept.9
W. Rufus.	1087 Sep. 9	12.y.11.m.19.d	569. Aug.1
Henry 1.	1100 Auguſt 1	35. y. 4. m.1.d	556. Dec.2
Stephen.	1135 Decem. 2	18.y.11.m.18.d	521.Oct.25
Henry 2	1154 Oct. 25	34. y. 9. m. 1.d	502.July 6
Richard 1	1189 July 6	9. y. 9. m. 0.d	467. Apr.6
King John	1199 Aprill 6	17. y. 7.m.0.d	457.Oct.19
Henry 3	1216 Octo. 19	56.y. 1. m. 0.d	440 .No.16
Edward 1	1272 Nov. 16	34. y. 8. m.6.d	384. July 7
Edward 2	1307 July 7	19. 7. m. 5. d	349. Ian.25
Edward 3	1326 Ianu. 25	50. y. 5. m.7.d	330. Iun.21
Richard 2	1377 Iune 21	22. y. 3. m.14.d	279.Sep 29
Henry 4	1399 Sept. 29	13. y. 6. m.3.d	257.Mar.20
Henry 5	1412 March 20	9. y. 5. m. 24.d	244. Au.31
Henry 6	1422 Aug. 31	38. y. 6. m.8.d	234. Mar. 4
Edward 4	1460 March 4	22.y. 1.m. 8.d	196. Apr.9
Edward 5	1483 Aprill 9	0.y. 2. m. 18. d	173. Iun.22
Richard 3	1483 Iune 22	2. y. 2. m. 5. d	173. Au.22
Henry 7	1485 Aug. 22	23.y. 10.m. 2.d	171. Au.22
Henry 8	1509 April 22	37.y. 10.m.2.d	147. Ap. 22
Edward 6.	1547 Ianu. 28	6.y. 5. m. 19.d	110. July 6
Queen Ma.	1553 July 6	5.y. 4. m. 22. d	103. No.17
Queen Eliz	1558 Nov. 17	44.y. 4.m. 16.d	98.Mar. 24
King Jam.	1602 Mar. 24	22. y. 0. m. 3.d	54. Mar. 27
King Char.	1625 Mar. 27	23.y. 10.m.3.d	8. Ian. 30

Some briefe Rules for Husbandry and Gardening.

The best time to sow all kind of corne, is when the Moone is in Cancer.

The best time to plant and graft, is in the increase of the Moon, she being in Taurus, Virgo, or Capricornus.

Remove and set young trees from October till February, in the first quarter of the Moon, shee being in Taurus or Capricornus.

Crop trees and fell wood, that the stock may the better and sooner grow again, when the Moon is in the first quarter.

Fell timber in December and Ianuary, in the old of the Moon is best: but if you would have it grow again, cut it downe in the new of the Moon.

The best time to cut Vines, is in the end of Ianuary, in February, and in the beginning of March, the Moon increasing in Taurus, Virgo or Capricornus.

Cut hedges between the change and full, from the end of Ianuary, till the beginning of Iune.

Set and sow all kind of seeds, the moon being in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But the seeds whose roots be round, must be sowne three or foure daies before or after the full moon.

Gather all manner of fruits, near the full Moon, in a dry time, gather flowers, and seeds for store, at the full of the Moon.

Geld cattell, the Moon being in Aries, Sagittarius, or Capricornus: Sheare sheep, cut haire that it may the sooner grow again: the Moon increasing, that is from the change to the full.

To muck your land that weeds may not abound, is best in the last quarter of the Moon.

A fit time to kill fat swine is in the increase, nigh

the full of the Moon, the lard will the better endure the boxing.

Destroy wenns, warts, and Cornes &c. in the last quarter of the Moon.

A Description of the Eclipses, which shall happen in this present year of our Lord God 1656.

THe two great lights or Luminaries, shall be eclipsed this present yeare of our Lord God 1656 thrice the Sunne, and three times the Moone, the first only of the Sun and Moone shall be apparent unto us in England, if the weather prove faire and cleare, but the other three Eclipses of the Sun and Moone shall be seene unto those people that dwell farre remote from us.

Of the first Eclipse of the Moone.

UPon the 11 day of January, in the reformed or Gregorian yeare, but with us on the first of January according to our English accompt, shal be presented unto our view a great partile Eclipse of the Moone, between eight and nine of the clock at night, the beginning of this Eclipse will be about 7. at night, the middle between 8 and 9 and the end shall be betwen 10 and 11 at night, the Moone being at that instant Diametrically opposite to the Sun, not farre from Cauda Draconis, in or about the 20. degrees and 28. min. in Cancer, a signe of the watrie triplicity, naturally cold & moist, of complexion Phlegmatick, Feminine, moveable, nocturnall, Ipsetentiall, the house and joy of the Moon, the exaltation of Jupiter, the detriment of Saturne, and the fall of Mars. This Eclipse of the Moone may be observed and seen by those that dwell orientall from us, under the Longitude of 75 degrees and 40 min. as in Syria, Caldea, Persia, Damascus Hierusalem, and other places neere adjacent. The poin ts or degrees Eclipsed with us will be 10 deg. and 27 min. The continuance of the obscuriey from the beginning to the end, shall be 3 houres 28 min.

Of the second Eclipse of the Sunne.

THeer shall happen upon the fifteenth day of January according to our computation heere in England an

an Eclipse of the bright Globe of the Sun, about one of the Colck in the afternoon, the Sunne being at that time seated in 02 about the 6 degees and 26 min. of Aquares, not far from Caput Draconis, in a signe of the Ayrie Triplicity, naturally hot and moyst: The beginning of this Eclipse, shall be before one, the middle about 2. and the end thereof will be after three of the clock in the afternoone. The degees eclipsed, will be 7. and 20 min. the totall duration shall be 2. houres and 27 minutes.

Of the third Eclipse of the Moone.

This third Eclips of the Moone shal happen upon the 26 of June, according to our computation, between one and two of the clock in the afternoone, unto those that dwell towards the East from us, under the longitude of 156 deg. as namely to the people of the Kingdome of Chyna, and the Islands of Japonia, and the Philippinaes.

Of the Fourth Eclipse of the Sunne.

Another Eclipse of the Sun shall appeare unto those that dwell occidentall from us, in the Longitude of 25 deg. and under the South Latitude of 59. deg. which may be seen on the 11 of July, about nine of the clock at night, unto the people that inhabit neere the Streights of Magellan, and the peaceable Sea. The continuance of this obscurity shall be about two houres.

Of the first and last Eclipse of the Moone.

Upon the 21 day of December according to our account, there shall be seene unto our Antipodes, in Africana, and California, and certaine Islands adioyning neere the Occidentall Ocean, a totall Eclipse of the Moone about eighnoone, the totall duration will be foure houres and 50. minutes.

The great conjunctions of great Starrs,
The Eclipse of Sun and Moon:
Doth threat great death, great Dearth and wars,
If we repent not soon.
Now God above, and wrath above,
And Heaven above relent:
And man beneath, and sin beneath
And Earth beneath Repent!

Brief Rules and necessary Observations concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moon.

Of bleeding.

When the weather is extream hot or cold, it is not then convenient either to let blood or purge, unlesse some great necessity require it: yet notwithstanding if this blood-letting be for the Phrensie, the Apoplexie, for a continuall fever or headach, proceeding of Choler or blood, or any hot burning fever, or other extream pain, a man in such a case, may not stay for a chosen time, because the patient might miscary in the mean season, but in this aforesaid case of extremity, blood is not to be let in such a quantity as otherwise it would, if a cholen time might be conveniently expected.

The best time to let the Phlegmatick blood, is when the moon is in Aries, or Sagitarius, the head and thighes excepted.

For melancholy, the moon being in Libra, or Aquarius, the buttocks and legges excepted.

For the Cholevick, the moon being in Cancer, Scorpio, or Pisces, the breast and feet excepted.

For the Sanguine, all or good which before is named.

In the spring time let blood at the right side.

In Harvest time, let blood on the left side.

Of Bathing.

Bathings are commonly used rather for pleasure then for profit, especially where hot houses are overmuch haunt-

journey, but I intend not to speak of them otherwise then to advertise those that tender their own health, to be wary and circumspect in resorting unto them, without cause, and immediately after or with such persons, as be unclean.

Know it is not good to Bath, the moon being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature; and the nature of cold, is to restrain and bind: and so the Moon being in these signes, the pores of the body are closed and shut: so there can be no resolution of humours and superfluities, which by bathing ought to be avoided.

But in fiery signes, when the moon is in Aries, Leo or Sagitarius, then it is a good time for bathing, for then the body is apt to resolution: for it is the nature of heat, to open and resolve.

It is best bathing two or three dales after the change, and at the full of the moon, for then the superfluities are ripe and ready to be avoided, and disposed to flow and issue out, which indeed is the true use of bathing.

If any will enter the Bath for cleanneſſe sake, let the moon be in Libra or Pisces.

Furthermore if bathing be used for health, let the party grieved learne of the wise Physitian, whether his sickneſſe had need of moistning or drying; for if it require moistening, as in Phthisis, and such like, then let him bath in watry signes, having good aspect with Iupiter or Venus, But if the sickneſſe require drying, as in Paralysis, and the like, then let him bath, the Moon being in fiery signes, having good aspects with Mars and the Sun.

Also before you enter into any bath, your body must be first prepared and purged, for if you go in unprepared, peradventure you may be worse than before.

The best time of the year to bath is in the Spring, and in Harvest, & in the months of May and September.

The best time of the day to go into the bath is one hour after the sun-rising at the least, alwaies provided, that you walk either an hour, or half an hour before, and have a stool either by nature or art: you must cover your head well, so long as you be in the bath, and be-

ware

ware you drink not cold drink, although you be very thirsty, but forbear all things that be cold, lest when you are hot within, cold strike suddenly into some principall member and hurt you.

The time of tarrying in the bath is commonly one hour, but it may be more or lesse, according to the nature of the bath, or sickness of the party, at the discretion of the wise Physitian.

For purging.

In purging these five things ought to be known.

1. The humour which aboundeth.
2. The best way to avoid it.
3. The strength of the person.
4. The manner of the sickness.
5. The force & nature of the medicine.

For when these things are not considered and obeyed, many perilous accidents may follow, and greatly hurt the body.

Good signes generally for purging, are Cancer, Scorpio, and Pisces, particularly with potions or drinks, the Moon being in Scorpio.

Purge with Electuaries, the Moon being in Cancer, purge with Pills the moon being in Pisces.

Take preparatives, the moon being in Gemini, Libra, or Aquarius.

Take vomits, the moon being in Aries, Cancer, or Capricornus.

Take Glisters, the moon being in Libra or Scorpio.

To provoke Neesings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractive, the moon being in Aries, Leo, or Sagittarius.

Good to comfort the vertue digestive: the moon being in Gemini, Libra, or Aquarius.

Good to comfort the vertue retentive, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the moon being in Cancer, Scorpio, or Pisces.

For using of Unguents, or plaisters, they are best to be applyed and used, when the moon is in that mans-

ber

ber or ſigne which governeth that part of the body, to which it is applyable.

For ſweatings.

Sweatings as they are of two ſorts, that is to ſay, naturall and artificiall, ſo they are uſed for two ends and purpoſes: the Naturall ſweat, if good heed be taken in opening of the pores, will diſſolve groſſe and thick humours, will cleanſe the blood, will comfort the ſpirits, will put away cold, will conſume raw humours, qualifie and quench raging fevers, will help numneſſe, and the dropſie.

The Artificiall ſweat will cleanſe ſcabs, put away itch, amend dulneſſe in hearing, eaſe the ſtone, reſolve congealed and cold humours, and melancholly blood.

But for the better performing and effectuall working of theſe cauſes, the Counſell of the learned Phyſitian is to be deſired and uſed.

The beſt or meereſt ſigues to ſweat in, are Aries, Leo, and Sagittarius, and that two or three daies after the Change, and at the full moon.

And note that ſweating is better to be done, in the evening then in the morning: for when the body hath nourishment within, the ſpirits ſhall not ſo eaſily be drawn forth to the extream parts.

Note further, that lean folks, and dry or feeble perſons, muſt ſweat littele, for it will hurt them much: but fat folkes, may ſweat well, and it will do them much good.

A brief Deſcription of the four Quarters of this preſent year of our Lord God. 1656.

Of Winter.

WInter which is the chiefeſt foe to the ſpring, (the diſgrace of Summer, and the deep devourer of the fruitfull harveſt) began to take his effects, according to our uſuall computation, on the 12. of December in the year afore-going, at the entrance of the Sun, into the firſt minute of the ſigne Capricornus, at which time the Sun ſhall be at his greateſt South declination, from the Equinoctiall line, ſo that he re-

ſteth

teth South-East, and setteth South-West.

Now is the Hyemal or Winter Solstice, for the Sun is farr removed from our Zenith or verticall point, that he cannot decline any further, and standeth at a stay a stay, and then is the shortest day and longest night in the year, and so this Quarter doth continue until the 11 of March next following.

This season is by nature cold and moist, unpleasant for the most part to travellers either by Sea or Land, and unto aged persons it is very combrous and noysome, causing superfluitie of rawnesse, and abundance of cold moistnesse to over flow their bodies, to their great troubles and disquietnesse.

Sundry sorts of sicknesses and diseases, are likely to trouble mens body this Quarter, as colds, Rhewmes, Coughes, Palsies, Poles, Gouts, Cramps, convulsions, vertigoes, Epilepsies, Apoplexies, Collicks, Hoarsenesse, Fluxes, Windines, pain in the teeth, noise in the eares, obstructions and fevers &c.

Thus will the starrs if God assent,
Whose power alone can all prevent.

Of the Spring.

THe Sun (which is the eye of the world, the fountain of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, and finished his revolution (Gradatim) throughout the 12 signes, and now this 10 of March beginneth his journey afresh again, and goeth an even course, and so becomes an indifferent Arbiter, between the day and night, and maketh an Equality throughout his whole government, to the great joy and comfort of all his revolved Subjects, chearing with his splendent countenance, the poor weather-worn weeds of this our dark starre of mortality (which the darkned Countenance of winters extremity, had almost subdued) with his excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing Livery of fresh Flora.

This

This season is by nature hot & moist, the most temperate time of the year, and the least breeder of sicknes that doth procure death; and a very convenient time for the removing of sicknes and griefes gotten before, and also to avoid and prevent those that are to come: for now the dul senses and spirits of man and other creatures are quickned and revived, and therefore the humours which do abound, and are readiest to appeis nature, are fit to be emptied and avoided whether by blood-letting, purging, or otherwise, as the learned Physitian shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them not neglect this time.

The bodily diseases and sicknesses, subject to us this spring, are tertian fevers, jaundies, impostumes, swellings, squinancies, boyles, itch, pushes, tetters, morphewes, ringwormes, measels, small pox, obstructions, bleeding at the nose, spotted fevers, and such dangerous infirmities, that are likely to arise, from the corruption of the blood.

Infections from the starrs may fall,
But one above doth slay them all.

Of Summer.

Summer the third part of our vulgar year, according to our usuall computation: Now when the Sun hath fully determined the spring, with his last Grade of Gemini, and moved in his motion, to the highest point of his course, namely to the first entrance of Cancer, which shall be this year the 11. of June. Now is the second solstice of the year, called the festivall or Summer solstice: for even as the Sun, when he entreth Capricornus, hath his greatest South declination, from the Equinoctiall: So now at his ingresse into the beginning of Cancer, he hath his greatest declination toward the North from the said Equinoctiall line: and even as at that time of the winter Solstice, he was so far removed from our verticall point, that he could move no further towards the South, and was therefore to approach again towards our North latitude,

tude, at which time he seemeth to stand: So now he ing come so near to our Zenith that he cannot remove no further towards the North, and is therefore to revert again to the South Latitude. At the first ing from us he seemeth also to stand, insomuch that even as before at his return toward us again, made with us the shortest day and longest night in the year: So now at his return to us, he make with us contrariwise, the longest day and short night in the year: afterwards declineth more and from us, like as before he moved more and more towards us.

This season according to his proper nature, is hot and dry turning the humours of mens bodies, into hotnesse and dryenesse, resembling the element of fire, and complexion of Choler, bringing all fruits to their ripenesse, cattle to their fatnesse, and men to their wealth.

The sicknesses and infirmities, most likely to rule and rage over us this quarter, (according to the judgement of Hippocrates, and divers other learned writers of Physick) are hot burning fevers, pleurisies, Plurisies, inflammations, violent and pestilent fevers, imposthumes and ulcerations in the lungs, and blader, heat in the reines, the Gonorhea passion, the strangury, and such diseases, as may proceed of Choler.

Though Starrs incline to work us ill,
All shall be as the Maker will.

Of Autumne.

AUtumne, according to our accustomed computation, the last quarter of the year beginneth at the Suns departure, from the last scruple of Virgo, into the first entrance of the second Equinoctiall signe Libra, the which will be this year, on the 13. day of September, the day and night being of an equall length, as in the

the ſpring: at which time is the Autumnall Equi-noctiall, for even at the Suns entrance into Aries, the day increaſing from the Winter Solſtice, till they come to be equall with the night, going on ſtill more and more till the Summer Solſtice, when was the longeſt day and ſhorteſt night: So now the night by decreaſing from the Eſtivall Solſtice, to the Sunnes ingredience into Libra, hath got to be equall with the day, and ſhall encreaſe more and more, till the Brumall Solſtice come againe, when the night is longeſt, and the day ſhorteſt.

This time of the yeare is of it ſelfe unconſtant, and variable, warme in the day time, and cold in the night.

This quarter becauſe of the inequality of temperature, may as Hippocrates ſaith, be called the mother or nurſe of deadly ſickneſſes.

And alſo Galen ſaith, that this time of the yeare, is very dangerous for taking ſickneſſes.

The grievous diſtemperatures and ſickneſſes which generally attend this time of the yeare are many: Quartaine, and unconſtant feavers, Cartigoes, Apoplexies, Epilepſies, or Falling ſickneſſe, Lethargies, Hemorhoides, Fiſtulaes, Fluxes, Tenelmus, Dyſenteria, paine in the back and reines, the ſtone, ſuppreſſion and ſtopping of the urine, gouts, joyntaches, lamenes, palſies, convulſions, cramps, conſumptions, madneſſe, diſtractions, with melancholy, payne in the ſides, windineſſe, obſtructions of the ſpleene, and ſuch like diſeaſes as ariſe thereof.

Thus every Planet in his kinde,
Is to performe the Almightyes minde.

A Declaration of the inclination, and diſpoſition of the Winds and weather, according to the ſeverall motions, configurations, and influences of the erraticall and fixed ſtarrs: with the day, houre and minute of the change of the Moone, her full, and quarters: And alſo the riſing and ſetting of the Sunne in every ſeventh day of every moneth of this preſent yeare of our Lord God 1656.

Of January.

Day.	The ſun riſeth.	The ſun ſetteth.
1.	houre. 8. and 3. min.	houre 3. and 57. min.
7.	houre. 7. and 56. min.	houre 4. and 4. min.
14.	houre. 7. and 46. min.	houre 4. and 14. min.
21.	houre. 7. and 34. min.	houre 4. and 26. min.
28.	houre. 7. and 23. min.	houre 4. and 37. min.

Full Moone the 1. day 46. min. after 8. of the clock at night, ſome fall of moyſture.

Laſt quarter the 8 day 22 min. after 1. of the clock in the afternoon, froſty and cold.

New Moon the 16. day neere about one of the clock in the afternoone, inclined to froſt.

Firſt quarter the 24. day 39. min. after one of the clock in the afternoone cloudy cloſe weather.

Full moone the 31 day 9 min. after 7 of the clock in the morning, anſwerable to the ſeaſon.

Januaries Abſtract.

In this moneth let not blood, neither uſe but little phyſick, except great neceſsity conſtraines thee, and beware of taking cold, for this moneth Rheums and Flegme, doe much increaſe: to faſt long is hurtfull, but to drink white-wine faſting is good and wholſome, uſe meates that are naturally hot moderatly, and weare warme cloathes.

In worldly buſineſs, this moneth you may ſet all kind of common fruits, or plants, as peares, plums, cherrie, filbert, walnut, and ſuch like, hawthorne, and all ſorts of quickſetts, or plants, are fitteſt to be generally ſett, from the change to the firſt quarter.

The

Take away moſſe and ſuperfluous branches from your trees, and this moneth is good to ſet beanes, peaſe, parſenips, leeks, radiſh, garlike, turnips, and onyons, if the weather prove mild, and the moone paſt the full, you may begin to graft at the end of this moneth, ſo as the moone be increaſing in her light.

Good husbands alſo this moneth croy trees, fell timber, and geld cattell, ſuch as are to be gelded, the ſtate of the moone alwaies conſidered.

Of February.

Day.	The ſun riſeth.	The ſun ſetteth.
1.	houre 7. and 13. min.	houre 4. and 47. min.
7.	houre 7. and 4. min.	houre 4. and 56. min.
14.	houre 6. and 50. min.	houre 5. and 10. min.
21.	houre 6. and 34. min.	houre 5. and 20. min.
28.	houre 6. and 20. min.	houre 5. and 38. min.

Laſt quarter the 4. day 46. min. after 1. of the clock in the morning, ſome moyſt cloudy weather.

New moone the 15 day 9 min. after 8 of the clock in the morning, ſtirring the time.

Firſt quarter the 23 day. 27 min. after 1. of the clock in the morning, windy and unconſtant.

Full Moone the 29. day 6 min. after 5. of the clock at night, winterly weather.

Februaries Abſtract.

In this moneth all ſlimy fish, [illegible] and ſuch like, that are apt to ſtate and foy the Liver and lungs, or thicken the blood, are to be eſchewed as enemies to health, and alſo yet forbeare Phyſick, and letting of blood, except neceſſity do urge, and inforce. Counſell to anoide your accuſtomed noon or taking of cold, for noon are dangerous to be taken, and it is very ill to take heed after hurts taken cold upon them.

[illegible] the moſt apt time to [illegible] and to ſet all kinds of trees and bushes, the [illegible] of the Moone conſidered, Peaſe, [illegible] Parſenips, and ſuch like, as in [illegible] may fitly be ſet in the wane of the Moone.

The time is now to [illegible] and to let ſwim all your Kitchen Herbs, as [illegible] Artichocks, Aſparagus, Carrets, Parſenips, Turnips, Onyons, Radiſh, Lettice, Succory, Endive, Purſlane, Spinage, Rocket, Basil, Peaſe and Beanes.

Of March.

Day.	Sun riseth.	Sun setteth.
1.	houre 6. and 10. min.	houre 5. and 40. min.
7.	houre 6. and 8. min.	houre 5. and 52. min.
14.	houre 5. and 4. min.	houre 6. and 56. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 22. min.	houre 6. and 38. min.

Laſt quarter the 7. day about 7. of the clock at night, temperate and ſeaſonable.

New moone the 16. day 6. min. before one of the clocke in the morning, ſutable for the time.

Firſt quarter the 23 day neere about 10 of the clock in the foreneoone, moyſt and wett weather.

Full moone the 30. day 52. min. after 2. of the clocke in morning, reaſonable good weather.

Marches Abſtract.

In this Moneth the humours of Mans body begins to encreaſe, and now groſs feeding breedeth groſs blood and groſs humours, and therefore uſe meates of good digeſtion, & ſuch as breed good juice: it is a good time to purge and clenſe the blood by potions, bathing, and bloudletting, or ſuch other waies as the learned Phyſitian ſhall appoint, and as the cauſe of the diſeaſe ſhall require: Alſo this moneth ſweetmeats and drinks are commendable.

The time of grafting as yet endureth, together with ſetting, ſowing, proyning, plaſhing of Vines, and hoppe, willow, oates, peaſe, onyons, parſnips, and ſuch like.

Of Aprill.

Day.	The ſun riſeth.	The ſun ſetteth.
1.	houre 5. and 18 min.	houre 6. and 42. min.
7.	houre 5. and 6. min.	houre 6. and 54. min.
14.	houre 4. and 54. min.	houre 7. and 6. min.
21.	houre 4. and 39. min.	houre 7. and 21. min.
28.	houre 4. and 29. min.	houre 7. and 31. min.

Laſt quarter the 6. day 21. after 2 of the clocke in the afternoon temperate and ſeaſonable.

New moone the 14. day 42. min. after 1. of the clock in the afternoone, ſome hot cloudy weather.

Firſt quarter the 21 day 18. min. after 4. of the clock in the afternoon, apt for the time.

Full Moone the 28 day 7. min. after one of the clock in the afternoon ſome Aprill ſhowers.

Aprill

Aprils Abstract.

In this moneth of Aprill, the poles of mans body are opened, and apt to receive Physick, and they that refuse the same, I commit them to the benefit of nature, for of all times of the yeare, this is the best time to prevent causes of sickness, or for speedy remedy in extremities, for now nature doth renew strength through all the body: so where sickness ingenders soone unburdneth by means of Physick, wherefore what it cannot doe now, will hardly be done hereafter, therefore take time while time is, &c.

As yet you may graft and proyne vines, and also set mellons, citrons, colecumbers, artichokes, and pole-hops, sow barly, Tanners apply themselves to barking of trees.

Of May.

Day.	*The sun riseth.*	*The sun setteth.*
1.	houre. 4. and 23. min.	houre 7. and 37. min.
7.	houre. 4. and 15. min.	houre 7. and 45. min.
14	houre 4. and 5. min.	houre 7. and 55. min.
21	houre 3. and 56. min.	houre 8. and 4. min.
28	houre 3. and 50. min.	houre 8. and 10. min.

Last quarter the 6 day, 15. min. after 9. of the clock in the forenoone, faire weather.

New moone the 14. day, 49. min. after 1. of the clock in the morning, windy and unconstant.

First quarter the 20. day, 35. min. after 9. of the clocke at night windy and cloudy.

Full Moone the 28 day, 17 min. before 1. of the clocke in the morning, winds and moysture.

Mayes Abstract.

In this moneth rise early, for May doth not love any sluggards, and let such as bee in health and able walke into the fields, and eate and drinke betimes for it is good and wholsome, abstaine from all meates that be of a hot nature: and such as be sick, it is a very good time of the yeare to let blood, or to take Physick: such as bee whole, God keepe them in health, and such as bee sick, God send them good Physitians and Physick.

The time is now fitting to sow Bazill, Marjerom and such fine seedes as before might not be sowne, because of the coldnesse of the weather. Set Sage according to the proverbe, set sage in May and it will last alway, sow flax and hemp, set Artichokes, weede your Hops, and Gardens, see

to your grafts that no superfluous branches trouble them. May dew, Rosemary flowers, and beane flowers, may at your pleasure be distilled this moneth, and now also have a care of watching your bees.

Of June.

Day.	The sun riseth.	The sun setteth.
1.	houre 3. and 49 min.	houre 8. and 11. min.
7.	houre 3. and 46 min.	houre 8. and 14. min.
14.	houre 3. and 47 min.	houre 8. and 13. min.
21.	houre 3. and 49 min.	houre 8. and 11. min.
28.	houre 3. and 52 min.	houre 8. and 8. min.

Last quarter the 5. day, 29. min. after 2. of the clock in the morning, inclined to some showers.

New moon the 12. day about 11. of the clock in the morning, reasonable faire.

First quarter the 19 day about 3. of the clocke in the morning, reasonable faire.

Full Moone the 26. day, 3. min. after 2. of the clock in the afternoone, fitting the season.

Iunes Abstract.

IN this moneth, if thou must needs use Physick, take it early in the morning, that it may have wrought before the heate of the day, and use a light and thin dyet, for the stomack is not able to digest as in winter, or in some of the former moneths, and it is very good and convenient in some to drinke clarified whay, boyled with cold hearbs, and to abstaine from violent exercise.

Distilling of roses, making of syrups and conserves, are now in prime, now gather such herbs as you meant to keepe all the yeare, but be sure you dry them in the shade: Good husbands and housewives are now weeding their corne and gardens, & others shearing their sheepe, the time serues to set rosemary, & gillyflowers, take heede of cutting hedges of trees or herbs with knife, but rather gather them with your fingers, now you may set saffron, carry out compost, make hay, kill gardens of mayles, ants, or pismires, &c.

Of July.

Day.	The sun riseth.	The sun setteth.
1.	houre 3. and 54. min.	houre 8. and 6. min.
7.	houre 3. and 59. min.	houre 8. and 2. min.
14.	houre 4. and 7. min.	houre 7. and 53. min.
21.	houre 4. and 20. min.	houre 7. and 40. min.
28.	houre 4. and 30. min.	houre 7. and 30. min.

Laſt quarter the 4. day 48. min. after 5 of the clocke in the afternoone, hot weather.

New moone the 11. day, at 7. of the clocke at night, inclined to ſome raine.

Firſt quarter the 18 day, 53. min. after 9. of the clock in the forenoone, cloudy and moyſt.

Full moone the 26. day. 54. min. after 4. of the clock in the morning pleaſant weather.

Julies Abſtract.

IN this moneth uſe cold herbs & meates, abſtaine from phyſick, and now the rivers are more wholſome then the baths, let the ſun be up before you walke abroad, in the time of any peſtilence or plague, keepe your chamber windowes ſhut opening them when the ſun hath force of ſhining, and be ſure to perfume your chambers every morning with ſmoke upon a chafingdiſh of coales, then which nothing is better, and uſe Cardus Benedictus, boyled and drunke faſting.

May haveſt now calles ſlack husbands to worke, and ſuch as have leaſure, it is good to fallow for wheat, & to carry out dyle, & to gather ſeedes & flowers to keepe all the yeare, and to dry them in the ſhade, till they be almoſt dry, and then ſet them a while in the ſun, & in like manner you may uſe your herbs.

Of Auguſt.

Day.	*The ſun riſeth.*	*The ſun ſetteth.*
1.	houre 4. and 36. min.	houre 7. and 24. min.
7.	houre 4. and 48. min.	houre 7. and 12. min.
14.	houre 5. and 0. min.	houre 7. and 0. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 27. min.	houre 6. and 33. min.

Laſt quarter the 3. day 41. min. after 6. of the clocke in the morning, fitting the ſeaſon.

New moon the 10. day halfe an houre after 2. of the clock in the morning, reaſonable temperate.

Firſt quarter the 16. day 28. min. after 7 of the clock at night ſome ſhowers.

Full Moon the 24. day, neere about 9. of the clocke at night, overcaſting clouds for moyſture.

Auguſts Abſtract.

IN Auguſt, moderate dyet is good Phyſick, for now it is dangerous to ſurfit, and take heede of heates and then of colds, for nothing ſooner ingendereth Plurifies, and uſe

not

not to sleep much, especially in the afternoone, for making oppilations and for avoiding of Agues and head-ach & Cathaers, and now let a man abstaine from physick except necessity doe compell.

Now Lady Ceres lookes to have men enough to attend her, they that would have good seedes for their gardens the next yeere, must now gather of their owne, least in buying they lose their labour and their money, and such as desire to have lettice, or other hearbs for winter, may sow seedes in the increase of the moone.

Of September.

Day.	The sun riseth.	The sun setteth.
1.	houre. 5. and 34. min.	houre 6. and 26. min.
7.	houre. 5. and 46. min.	houre 6. and 14. min.
14.	houre. 6. and 2. min.	houre 5. and 58. min.
21.	houre. 6. and 14. min.	houre 5. and 46. min.
28.	houre. 6. and 28. min.	houre 5. and 32. min.

Last quarter the 1. day, 21. min. after 6. of the clock in the evening, faire weather.

New Moone the 8. day 17. min. after 10. of the clocke in the forenoone, seasonable and temperate.

First quarter the 15. day, 3. about 9. of the clock in the forenoone, reasonable faire and windy.

Full moone the 23. day, 23 min after 1. of the clock in afternoone, some stormes to be expected.

Septembers Abstract.

IN this moneth such as have need, may safely take physick, also may bath and bleede, in this moneth all things are in their proper nature and vertue, and such fruits as are ripe and not infected, are good to eate for such as have good stomacks: Time is good to make conserve of Barbaries, and Quinces, winter hearbs may now be sowne, likewise is the time to set Artichokes, Rose trees, Apple trees, Wardens, strawberries, violets gilliflowers; Apples are to be gathered in the full of the moone, sow Parsenips, and in dry weather gather your Hops; Good husbandry is sowing Rye and Wheate, good huswifery is making of Verjuce, and plucking of Hempe.

Of October.

Day.	*The sun riseth.*	*The sun setteth.*
1.	houre 6. and 34. min.	houre 5. and 26. min.
7.	houre 6. and 46. min.	houre 5. and 14. min.
14.	houre 7. and 0. min.	houre 5. and 0. min.
21.	houre 7. and 15. min.	houre 4. and 45. min.
28.	houre 7. and 26. min.	houre 4. and 34. min.

Laſt quarter the 1. day. at 4. of the clocke in the morning, inclined to raine.

New moon the 7. day 25. min. after 7. of the clock at night, reaſonable to the ſeaſon.

Firſt quarter the 15. day 31. min. after 2. of the clock in the morning, reaſonable good weather.

Full moone the 23. day 33. min. after 5. of the clock in the morning, cloudy and windy.

Laſt quarter the 30. day 34. minuts after high noone, reaſonable faire.

Octobers Abſtract

In this moneth thou mayeſt take Phyſicke and alſo bath if occaſion ſerve, uſe hot meates and drinkes, and uſe good boniſome wines to nourith good blood, and beware of taking colde, becauſe the quartaine Agne will be apt to be taken, and ſuch other dangerous and ill diſeaſes.

Remove young trees, as Apples, peares, plumbs, quinces, nuts, &c. ſet peaſe, parſnips, &c. good husbands needs yet be inten to ſowing of wheat, ſet nuts, acorns, and Filberds. nd doing of ſuch good husbandry.

Of November.

Day.	*The sun riseth.*	*The sun setteth.*
1.	houre 7. and 33. min.	houre 4. and 27. min.
7.	houre 7. and 42. min.	houre 4. and 18. min.
14.	houre 7. and 52. min.	houre 4. and 8. min.
21.	houre 8. and 3. min.	houre 3. and 57. min.
28.	houre 8. and 9. min.	houre 3. and 51. min.

New moon the 6. day, 50. min. after 6. of the clocke in the morning, moſt rainy weather.

Firſt quarter the 13. day, 5. min. after 11. of the clocke at night, apt for the time.

Full moone the 21. day, about 9. of the clock at night, cloudy and inconſtant.

Laſt quarter the 28. day, 34. min. after 8. of the clock at night, reaſonable good weather.

Novem-

Novembers Abstract.

IN November finish the physick you meane to take, & so [illegible] still March, except some great necessity doe constraine you. Use good meate, and holsome wine to nourish thy blood [illegible] vide thee warme cloathing and goe dry of thy feet, or else [illegible] sure to be troubled with Rheume and Pose, besides [illegible] other inconvenience that will ensue. Beware of the [illegible] house this moneth, and use Betony and Cinamon in [illegible]

In the new of the Moone, you may remove young [illegible] as in the last moneth, and set Crabtree stockes to gra[illegible] when you please, it is good time in the wane of the mo[illegible] set pease, and beanes, and if the weather be not hard, [illegible] good sowing of Parsenips, good making of malt, and [illegible] ling of Beeves or swine.

Of December.

Day.	The sun riseth.	The sun setteth.
1.	houre 8. and 12. min.	houre 3. and 48. min.
7.	houre 8. and 14. min.	houre 3. and 46. min.
14.	houre 8. and 15. min.	houre 3. and 45. min.
21.	houre 8. and 12. min.	houre 3. and 48. min.
28.	houre 8. and 7. min.	houre 3. and 53. min.

New moon the 5. day, at 9. of the clocke at night, frosty [illegible] cold weather.

First Quarter the 13. day, neere about 9. of the clocke at [illegible] stormy with snow or raine.

Full moone the 21. day, at 11. of the clocke in the forea[illegible] inclined to raine or snow.

Last quarter the 28. day 50. min. after 4. of the clocke [illegible] morning, frosty and cold.

Decembers Abstract.

IN this moneth of December, keepe thy body and head [illegible] cold, and eate such meates as be of a hot quality, [illegible] from Physick, & let thy Kitchen be thy Apothecary, [illegible] clothing thy nurse, merry company thy keeper and good [illegible] pitality thy exercise.

Remove trees and bushes, if the weather prove not [illegible] extreame, in the wane of the moone, set beanes, pease, [illegible] those hearbs that cannot endure the cold, cover them [illegible] graw from the frost and snow.

Soli Sapienti Deo Sola Gloria.

FINIS.